



COLLEGE NURSE'S HEALTH QUESTIONNAIRE

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MATRICULATION YEAR: 2016 (Undergraduate)

DATE OF BIRTH: 14/06/1997

Please indicate here whether or not you are willing for aspects of your medical history to be passed on in confidence to others who might also need to be aware of them (delete as appropriate)

WILLING / NOT WILLING

Signature

Date of signature

PERSONAL MEDICAL INFORMATION

You should complete the questions below and overleaf relating to your medical history and dietary needs, and return the questionnaire to the College Nurse sealed in the envelope provided. You may include additional information/sheets if you wish. It will be forwarded to her unopened.

NHS Number (if applicable) _____ Height _____ Weight _____

Do you smoke cigarettes? Yes / No If Yes, how many per day? _____

How many units* of alcohol do you drink in an average week? _____

* a unit is approximately one 125ml glass of wine/half pint of beer/one single measure of spirits

MEDICAL CONDITIONS

Please list any past or ongoing medical conditions, disabilities or serious operations, giving an approximate year of diagnosis/operation

HAVE YOU EVER SUFFERED FROM ANY OF THE FOLLOWING?

If yes, please give further information below, including details and approximate dates of any hospital admissions, and any prescribed medication given to you at the time

- | | | | |
|---------------------------|--------|--|--------|
| Anorexia or Bulimia | YES/NO | Heart Disease | YES/NO |
| Anxiety/Depression | YES/NO | Diabetes..... | YES/NO |
| Asthma | YES/NO | <i>If diabetic, are you insulin dependent?</i> | YES/NO |
| Epilepsy | YES/NO | <i>Do you carry Glucagon?</i> | YES/NO |

MEDICATION

Please list below any medication (including inhalers) that you take or use



VACCINATIONS: please ascertain from a parent/guardian/home GP whether you have been vaccinated against:

Table with 4 columns: Condition (Meningitis, B.C.G. (anti-TB), Tetanus in the last 10 years, Mumps/MMR vaccine), YES/NO, Question (Have you had a Polio booster in the last 5 years?, Rubella Immunity: Have you had Rubella (German Measles)?, Have you been vaccinated against Rubella?), YES/NO

ANY OTHER RELEVANT MEDICAL INFORMATION (continue on a separate sheet if necessary):

FOOD AND OTHER ALLERGIES

Are you allergic to any medicines, insect bites, or to any foods or other substances? If yes please give brief details here:

Porters, Catering and other relevant College staff must be aware if you are liable to have an allergic reaction of any kind. Please sign here to give permission for this if relevant _____

Have you ever been advised to carry Adrenaline 1:1000 (an EpiPen) for emergency administration? YES / NO

If you are allergic to food have you been seen by a specialist (Allergist) and received:

- (i) Advice on avoidance? YES/NO
(ii) Advice on management of a reaction? YES/NO
(iii) A written emergency treatment plan? YES/NO

CAMBRIDGE GP (DOCTOR) REGISTRATION

- The College requires you to register with a Cambridge doctor by the end of your first week in Cambridge. Lists of Cambridge doctors and their addresses can be found on the Tutorial Office noticeboard outside Y4 and at the Nurse's Surgery (Q Staircase). The JCR will give advice and will be organising group trips to register.
A GP Registration form will be in your room pack when you arrive, to be completed and returned to the Tutorial Office.
You should take the following to the doctor when you register:
- Your NHS card and/or your NHS number (if you are already registered with a GP elsewhere in the UK)
- The name and address of your most recent GP in the UK, if you have one
- A copy of your immunisation record (which can be obtained from your GP)

COLLEGE NURSE

- The College Nurse is available Monday to Friday during Full Term (and one week on either side) in the Surgery on Q staircase from 10.30am - 12.30pm; no appointment is necessary.

HEALTH MANAGEMENT

- If you have a serious or chronic condition which requires hospital monitoring, you should check with your hospital consultant or GP to find out whether you need referral to Addenbrooke's Hospital in Cambridge before coming into residence this October. This can minimise delays in treatment.
Students from outside the EU with ongoing treatment needs should have suitable medical insurance and should bring sufficient medicine with them, as it may not be available in the UK.

Please seal and return in the envelope provided. It will be forwarded to the College Nurse unopened.